

SERVED ALL DAY

BREAKFAST

Traditional Grilled Breakfast Sibleys Sausage Bap 4.25 8.75 Porters Triple Smoked Bacon, Sibleys Lincolnshire Porters Smoked Bacon Muffin/Bap 3.95 Sausage, Poached Free Range Egg, Grilled Tomato, Creamed Mushrooms served on a Toasted Breakfast **Bacon and Sausage Bap** 5.50 Muffin **Chunky Toast** 2.50 Vegetarian Grilled Breakfast (v) 7.95 **Chunky Toast with Jam,** 2 Poached Free Range Eggs, Vegetarian Sausage, Marmalade or Honey 2.95 Beans, Grilled Tomato, Creamed Mushrooms served on a Toasted Breakfast muffin Creamed Mushrooms on Toast (V) 5.25 Herby Mushrooms on Toast (ve) 5.25 Vegan Grilled Breakfast (ve) 7.95 **Organic Beans on Toast** 4.50 Vegan Sausage, Beans, Herby Mushrooms, Grilled Tomato and Smashed Avocado served on a Toasted 4.25 **Cheese on Toast Breakfast Muffin** Scrambled or Poached Eggs on Toast **Granola with Greek Yoghurt** 5.50 4.50 and Fruit Compote 6.95 With Smoked Bacon With Smoked Salmon 7.75 **Fruit Scone with Conserve** and Clotted Cream 4.25 **Eggs Benedict** 6.75 **Cheese and Chive Scone with** A Poached Egg with Spinach and Hollandaise Sauce, 4.25 **Cream Cheese and Chutney** served on a Toasted Breakfast Muffin **Toasted Plumbread** 7.75 2.75 With Smoked Bacon With Smoked Salmon 8.75 Smashed Avocado and Tomato (ve) **Meaty Breakfast Bap** 6.95 6.25 on Toast 2 Rashers of Bacon, Sausage, Poached Egg, **Cinnamon and Blueberry French Toast** (ve) Herby Mushrooms 4.95 with Maple Syrup Vegan Breakfast Bap (ve) 6.95 Porridge 4.75 Made with Milk or Water, served with Cream or Honey 2 Vegan Sausages, Avocado, Tomato and Herby **Mushrooms**

LUNCH

Homemade Soup of the Day	5.95	Jacket Potat	oes
Served with Welbeck Baguette Bread, Olive Bread or a G/F Muffin		Filling Options: Cheese, (Plain or Mayo), Beans, Sr	and the state of t
Traditional Beef Lasagne	9.25	Cream Cheese & Chive	
With Garlic Bread	10.75	1 Filling	6.50
With a Small Side Salad	11.95	2 Fillings	7.50
Vegetarian Quiche with Salad V	9.25	Add Side salad	+2.75
Filled Potato Skins with Salad	9.25	and the second second	

Dishes may contain nut/nut derivatives. If you have any allergens, please inform a member of staff who will be able to advise of all ingredients used. We also have a selection of daily specials written on our chalk board. There are lots of yummy gluten free, vegetarian and vegan options, please just ask for more info!

With a Side Salad	9.50
Multigrain Flatbread v ve	7.95
With Hummus, Mixed Leaves, Cucumber and Tomato topped with Grilled Halloum or Roasted Vegan Falafel	No is
Small Salad Bowl	5.75
Large Salad Bowl	7.25
Garlic Bread (ve)	2.95

Ham, Brie and Cranberry Toastie 7.50

Garlic Bread with Cheese (v) 4.25

v)=vegetarian (ve)=vegan (gf)=gluten free

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Gannets MIDDLEBECK

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CHILDREN'S MENU

Soup of the Day with Baguette Bread	4.25
Traditional Beef Lasagne	5.25
Cheese and Tomato Pasta v	4.75
Jacket Potato (1 filling)	4.95
Jacket Potato (2 fillings)	5.50

HOT DRINKS

Range of Teas	2.70
Espresso 1.	75/2.35
Macchiato 2.	10/2.60
Americano 2.	30/2.80
Cappuccino 2.	70/3.20
Flat White	3.20
Latte 2.	70/3.20
Caramel Latte	3.70
Mochaccino	3.95
Hot Chocolate	3.75
Add Cream and/or Marshmallows	4.25
Extra Shot of Coffee/ Caramel Syrup	0.75

Oat Milk, Soya Milk and Decaf available

CAKES AND PUDDINGS

Chocolate and Raspberry Brownie gf)2.95
Lemon Bar (gf)	3.25
Stem Ginger Slice	3.25
White and Dark Chocolate Brownie	2.75
Date & Walnut Loaf ve	3.25
Fruit and Nutty Flapjack ve	2.75
Buttery Shortbread	2.25
Special Cake from	4.25
Carrot Cake	3.75
Tubs of Ice Cream	
Vanilla, Chocolate or Strawberry	2.75

COLD DRINKS

Frobishers Apple/ Orange Juice	2.75
Range of Belvoir Pressés	2.75
Range of Fentimans	2.75
Appletiser	2.75
Coke Zero/Diet Coke	3.00
Wenlock Still/Sparkling Water	2.30
Chocolate/Strawberry Milkshake	4.25

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=gluten free

(gf)

(ve) =vegan

v

)=vegetarian